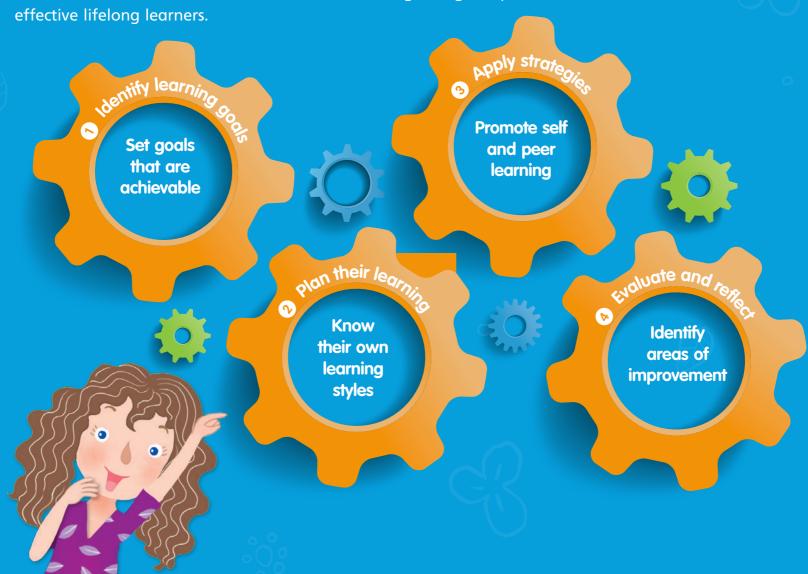


# Self-directed learning

Ready nurtures effective lifelong learners

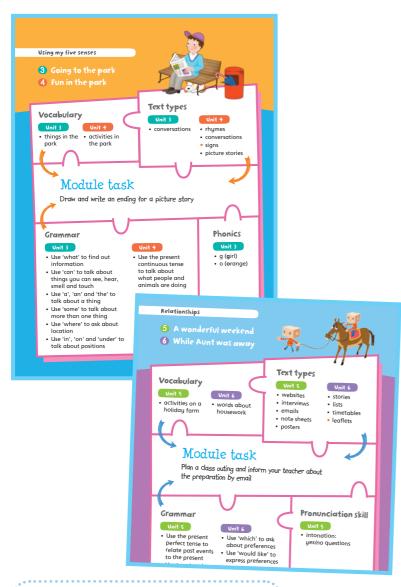
## What is SDL?

**Self-directed learning (5DL)** is a learner-centred learning process. Students, with support from the teacher, take an active role in their own learning. Using this process, students become effective lifelong learners.



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### ☼ Identify learning goals



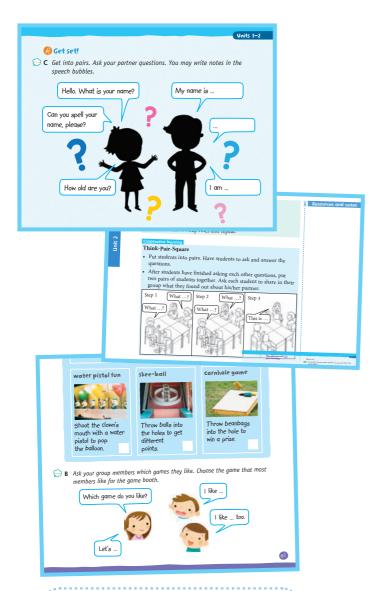
**Lists of target learning items** to help students understand their goals

#### Plan their learning

Flipped classroom activities, self-learning skills and extended reading to cater for all kinds of learners



### **Apply strategies**



Different learning strategies to promote pair and group learning

#### **Evaluate and reflect**

Get feedback from peers and assess their own learning



#### And more ...

Read more about SDL in our Self-directed Learning Booklet.



