

Name: _____ () Class: _____ Date: _____

Fairy Godmother has given some advice to Worried Husband in her online advice column. Read the online advice column.




Text 3 Online advice column

Fairy Godmother
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TODAY'S COLUMN

15 March

Time to log out

Dear Worried Husband,

Social media is a useful tool for communicating with others, especially those we don't get to see every day, but it becomes a problem when it interferes with

5 in-person interactions. Social media addiction is not a problem to be taken lightly, as it can tear relationships apart. Talk to your wife, sooner rather than later, and tell her how you feel. Let her know that you think she might be addicted to social media. Also, tell her that you feel ignored because she is only concerned about her social media

10 followers. She may get defensive and believe you are just overreacting, so approach this topic with honesty and sensitivity.

To help your wife deal with her addiction, try encouraging her to do the following:

- Develop new hobbies as boredom can be a driving force behind social media addiction. Engaging and fulfilling activities, such as playing an instrument,
- 15 reading a book or learning a new language, can help people stay away from their smartphones.
- Live in the moment and put away smartphones during mealtimes. Instead of taking photos of food and sharing them online, savour the food carefully, focusing on its flavour and texture. Share your thoughts with your friends and
- 20 family at the dinner table.
- Keep a journal in order to track your social media use. This will help you to understand when you feel most tempted to log in, and also to understand how many hours per day you are dedicating to the Internet. Realizing the sheer number of wasted hours can be the push some people need to tackle their
- 25 addiction.
- Read self-help books about overcoming social media addiction. I recommend checking out my book *Changing Your Life, as Easy as Bibbidi-Bobbidi-Boo*.

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If all goes well, perhaps you and your wife can both agree to leave your smartphones at home for the trip to your friends' castle next month.

30 Good luck!

Fairy Godmother

Comprehension 3 *Your sister wants to know more about Fairy Godmother's online advice column. Answer her questions using information from the online advice column. For multiple-choice questions, choose the best answer and blacken ONE circle only.*

- 1 Fairy Godmother says that social media addiction can 'tear relationships apart' (lines 6–7). What does this mean?

- 2 Use ONE word to complete each blank.

When social media begins _____ with in-person relationships, it means that it has _____ a problem.

- 3 Which word in lines 2–11 means 'quick to challenge or avoid criticism'?

- 4 i) Name THREE hobbies Fairy Godmother suggests to Cinderella.

ii) According to Fairy Godmother, how can developing a new hobby help someone overcome social media addiction? Answer in your own words.

- 5 Based on the information in the second piece of advice, what do you think it means to 'live in the moment' (line 17)?

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- 6** Complete the following summary for the second piece of advice. Use ONE word to complete each blank.

People with social media addictions should try to put their (i) _____ away during mealtimes. They should (ii) _____ eat their food, concentrating on what the (iii) _____ it like, and what its texture is. Share what you are (iv) _____ with your family and friends.

- 7** According to Fairy Godmother, what are TWO ways that keeping a journal can help someone get over their social media addiction?

i) _____
 ii) _____

- 8** Find words in the third piece of advice that mean the same as the following:

i) had an urge _____
 ii) committing _____
 ii) deal with _____

- 9** Who does 'you' (line 28) refer to?

- 10** i) What is the name of Fairy Godmother's book?

ii) What is it about?

- 11** Which of the following is NOT related to the advice in the column? Tick (✓) all that apply.

<input type="checkbox"/> start playing chess	<input type="checkbox"/> chat with family over meals
<input type="checkbox"/> critique your friends' cooking	<input type="checkbox"/> write down when you use the Internet
<input type="checkbox"/> chat about addiction online	<input type="checkbox"/> learn to speak French

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12 Why do you think that Fairy Godmother suggests that both Worried Husband and Cinderella should leave their phones at home?

13 Match each of the following subheadings to the pieces of advice in the column. Write the letter (A–D) beside each piece of advice. One of the subheadings is NOT used.

- i) First piece of advice _____
- ii) Second piece of advice _____
- iii) Third piece of advice _____
- iv) Fourth piece of advice _____

Subheadings	
A	Keep your mind off of it
B	Keep track of the time spent
C	Write down your ideas
D	Use food to keep you focused
E	Learn about your addiction

14 What is the tone of the text?

A entertaining

B concerned

C confrontational

D critical

A B C D

☐ ☐ ☐ ☐



15 Which piece of advice in the text do you think is the most helpful to Cinderella? Why?
