Oxford English (Second Edition) 1B			
Further simplified	reading and comp	rehension	Unit 7
× 1			

Name:

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Date:

You have found a mini-biography of a sportsperson on a website. Read the minibiography.

Text 2 Mini-biography



Katie Ledecky

'I just like to swim fast. I don't know about the distance.'

• At just 19 years old, Katie Ledecky made a permanent mark on the 2016 Rio Olympics. She became the most-decorated female athlete, winning four golds and one silver, and smashing two world records in the 400- and 800-metre freestyle. Before accomplishing this impressive feat, the unstoppable American swimmer already took the 2012 London

5 Olympics by surprise. She won the 800-metre freestyle gold by more than four seconds as the youngest participant in the games.

It was not long after her Olympic debut that Ledecky broke the 800- as well as the 1500-metre freestyle world records at the 2013 FINA World Championships. She improved her time and broke her own record just a year later. Then, she took down the 400-metre freestyle world record at the 2014 National Championships at Irvine, California. Later, she managed to break her own record again in Australia. Between 2013 and 2015, she won a total of 14 gold medals at the FINA World Championships and the Pan Pacific Championships. She also broke the world record 11 times.

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3 Ledecky's unprecedented achievements were years in the making. With the goal of 15 qualifying for the Olympics in mind, she worked closely with her coach, Bruce Gemmell, to make her dreams come true. Her schedule included waking up at 4 a.m. every morning for training. She swam a total of 70,000 yards every week. She also ate a diet of nutritious foods. To honour her hard-earned achievements, she was inducted into the Washington DC Sports Hall of Fame in 2017.

Born on 17 March 1997, Ledecky was encouraged by her mother and elder brother to enter the pool when she was six years old. She has never stopped swimming ever since. After high school, she decided to go to Stanford University. It is one of the most respected colleges in the US. She took a gap year to concentrate on training for the Rio Olympics. She started her college life only after the games. She is now studying, while continuing to
compete nationally and internationally. With such a promising start in her swimming career, the future is certainly hers for the taking.



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he	EXAMPLE A STATE OF S	from the acken Ol	e mini-biography. For mul NE circle only.	tiple-chc		
•		EGGOOR				
2	Find THREE phrases in par i) i) i)					
3	How old was Ledecky when A 13 years old B 15 years old	С	n her first Olympic medal 17 years old 19 years old	?	A B O O	-
4	In which event did Ledecky	win her	first Olympic medal?			
	A 200-metre freestyle		800-metre freestyle		AB	СD
	B 400-metre freestyle	D	1500-metre freestyle		00	0 0
5	According to paragraph 2, are the following statements True (T) , Fals Given (NG) ?		se (F) or	Not		
	Sta	atement	s	т	F	NG
	i) Ledecky broke many of	her own	world records.	0	0	0
	ii) Ledecky participated in Championships.	the 2015	5 FINA World	0	0	0
	iii) Ledecky holds 11 world	records		0	0	0
6	The writer described Ledec A she is better than other s B she is dedicated to swim	wimmer		<u> </u> .		
	C her coach is very strict				AB	СD
	D she works as hard as oth	ner swim	mers		00	0 0

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8	Order the events in Ledecky's life. Number the events (2–5). The first event has been done for you.			
	Katie Ledecky's life			
	She breaks the 1500-metre freestyle world record.			
	She starts to learn swimming.	<u> <u>1 </u></u>		
	She wins a gold medal at the London Olympics.			
	She starts going to Stanford University.			
	She is named a Washington DC Sports Hall of Fame inductee.			

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9 Match the subheadings (A–D) with one of the paragraphs on the left. Write the correct letter on the line next to the paragraph number.

Paragraph no.	Subheadings	
i) Paragraph 1	A The making of a great swimmer	
ii) Paragraph 2	B The beginning and the future	
iii) Paragraph 3	C Breaking world records	
iv) Paragraph 4	D Who is Katie Ledecky?	

10 Complete the following profile using information from the mini-biography.

Name:	Katie Ledecky	Birthday:	(i)
Occupation:	(ii)	Education:	(iii)
Olympic medals:	(iv) golds (v) silver	World record(s):	(vi) (vii) (viii)

11 Find words from Text 2 with the following meanings.

i)	an achievement that needs skill, strength or courage (n., paragraph 1)	
ii)	the first public appearance of a performer or sports player (n., paragraph 2)	
iii)	never happened, been done or been known before (adj.,paragraph 3)	
iv)	showing signs of being good or successful (adj., paragraph 4)	