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Unit 8

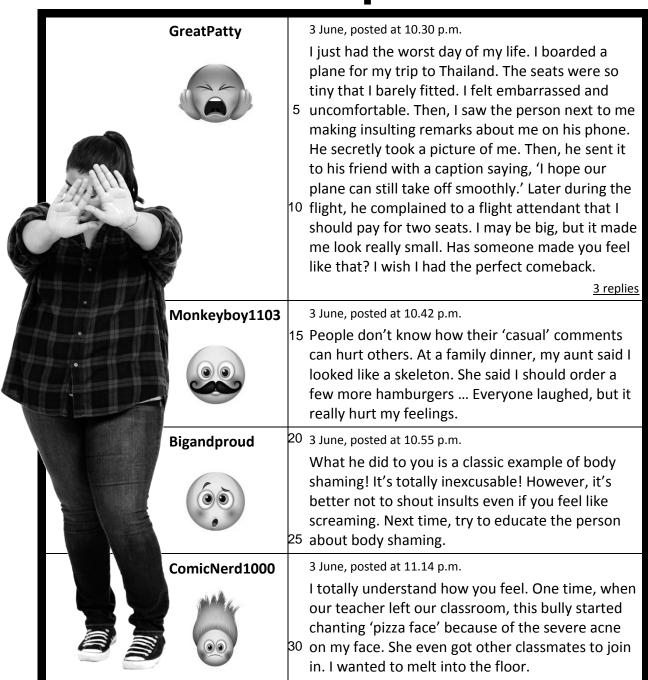
Further simplified reading and comprehension

Name:	()	Class:	Date:
	. ,		

You have found an online discussion forum about body shaming. Read the posts on the online discussion forum.

Text 2 Online discussion forum

Shamed on a plane



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Unit 8

Name:	() Class:	Date:
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GreatPatty turns out to be your best friend Janice. She has forwarded an email that she received from a counsellor. Read the email.

Text 3 Email giving advice

From: lucy@stopthehate.com

To: greatpatty@socialmail.com

Subject: Re: Need your advice!

Dear GreatPatty,

Thank you for writing so honestly and thoughtfully about your problem. Body shaming is very common nowadays. What happened to you is dreadful. However, I noticed that you mentioned you felt embarrassed before that person did anything.

5 Learn to accept and love your body. Humans come in all shapes and sizes. You shouldn't be apologetic about your body. I'm a big person too, but I'm perfectly happy. Last year, I wore a pair of skinny jeans for the first time in my life. It looked great because I felt great! As long as you're healthy, you don't have to care about what others say.

Don't let the negativity get to you! There will always be mean-spirited people around.

10 When you have a negative thought about your body, you should try to divert your attention by thinking of something that you like about yourself. Training your mind to think positively can make a huge difference.

I hope my advice could be helpful. It won't stop 15 people from being hurtful. However, at least you can brush off insensitive remarks more easily.

Good luck,

Lucy



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	nswer her questions using in								
Fo	r multiple-choice questions,	cnoose i	ine best an	swer and black	en ONE	CITO	cie (oniy	<i>'</i> .
<u>Or</u>	nline discussion forum								
1	What does GreatPatty mea	an when	she says '.	it made me lo	ok really	/ sn	nall.	' (lir	nes
	A she looked slimmer	С	she looke	d stupid		Α	В	С	D
	B she looked lost	D	she looke	d younger		0	0	0	0
2	What does 'comeback' (line 13) mean in this context? A a quick reply to an insult								
	B a return to fame	•							
	C a return to a familiar pla	ce				Α	В	С	D
	D an apology						0		0
3	According to GreatPatty's post, are the following statements True (T) , False (F) or Not Given (NG) ?								
	S	tatement	ts		T		F		NG
	i) There were not enough	seats o	n the plane		0		0		0
	ii) The flight attendant did comments about Great		rove of the	man's	0		0		0
	iii) GreatPatty felt very up	set after	her flight.		0		0		0
4	Why did Monkeyboy1103's		•	d like a skeleto	า?				
	A He was wearing a Halloween costume.								
	B He was eating a hambu	rger.				۸	В	_	Ь
	C Ha was too akinny						0	_	0
	C He was too skinny.							\cup	O
	C He was too skinny. D He had hurt feelings.					O	Ŭ		
5	•	d's post	that means	'too bad to acc	cept or fo				
5	D He had hurt feelings.	d's post t	that means	'too bad to acc	cept or fo				

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Na	me: _	() Class: Date:					
7		How did ComicNerd1000 feel when he heard his classmates chant 'pizza face'? Provide evidence from the text to support your answer.					
Em	nail q	iving advice					
		at does 'It' (line 7) refer to?					
9		at TWO pieces of advice did Lucy give to GreatPatty?					
	ii) _						
10		ording to Lucy, what should people do if negative thoughts about their bodies ne up?					
11		nplete the following summary of Lucy's advice using information from the email. e ONE word for each blank. Answers must be grammatically correct.					
		ryone is unique. There is no need to feel (i) about your					
	(II)_ abo	Don't take others' (iii) comments ut your weight or body size too seriously. Try to balance those					
		thoughts with (v) ones.					
12	Con	nplete the following sentences with words from Text 2 and Text 3.					
	i)	Teenagers may become depressed if they keep on receiving (offensive) comments online. (lines 1–13, Text 2)					
	ii)	You may feel muscle pain after high intensity training. (lines 26–31, Text 2)					
	iii)	This new suitcase is (in a way that shows one cares for other people) designed for business travellers who want to travel light. (lines 1–4, Text 3)					
	iv)	I would not recommend this restaurant because the food was horrible and the service was (very bad). (lines 1–4, Text 3)					
	v)	The speaker received a lot of complaints because of his (mean) jokes about ethnic minorities. (lines 9–13, Text 3)					