

Answer key

Comprehension 1

- 1 i) They are good workouts. ✓
ii) They are easy to learn.
iii) They are not dangerous.
iv) They are fun and exciting. ✓
- 2 because it became an official Olympic event (any reasonable answer)
- 3 B
- 4 i) using air currents
ii) shifting their body weight
- 5 A
- 6 because parkour athletes do not use any assistive equipment (any reasonable answer)
- 7 i) strength and cardio training
ii) because they need to be able to move quickly and swiftly over different obstacles
(any reasonable answer)
- 8 the writer's friend (who is a bouldering enthusiast)
- 9

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- 10 (i) extreme
(ii) dirt
(iii) soar/fly
(iv) flips
- 11 (i) exhilarating
(ii) steep
(iii) agility
(iv) stamina
- 12 i) get the hang of
ii) dicing with death