## Oxford English (Second Edition) 1B Simplified reading and comprehension

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Unit 7

Name:	( )	Class:	Date:

You have found a mini-biography of a sportsperson on a website. Read the mini-biography.

#### Text 2 Mini-biography



# Katie Ledecky

'I just like to swim fast. I don't know about the distance.'

- At just 19 years old, Katie Ledecky made a permanent mark on the 2016 Rio Olympics as the most-decorated female athlete, winning four golds and one silver, and smashing two world records in the 400- and 800-metre freestyle. Before accomplishing this impressive feat, the unstoppable American swimmer already took the 2012 London
- 5 Olympics by surprise. She stole the 800-metre freestyle gold by more than four seconds as the youngest participant in the games.
- 2 It was not long after her Olympic debut that Ledecky broke the 800- as well as the 1500-metre freestyle world records at the 2013 FINA World Championships. She improved her time and broke her own record just a year later. Then, she took down the 400-metre freestyle world record at the 2014 National Championships at Irvine, California,
- and managed to break her own record again in Australia. Between 2013 and 2015, she won a total of 14 gold medals at the FINA World Championships and the Pan Pacific Championships, and broke the world record 11 times.

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Unit 7

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- 3 Ledecky's unprecedented achievements were years in the making. With the goal of qualifying for the Olympics in mind, she worked closely with her coach, Bruce Gemmell, to make her dreams come true. Her schedule included waking up at 4 a.m. every morning for training, swimming a total of 70,000 yards every week and following a diet of nutritious foods. To honour her hard-earned achievements, she was inducted into the Washington DC Sports Hall of Fame in 2017.
- 4 Born on 17 March 1997, Ledecky was encouraged by her mother and elder brother to enter the pool when she was six years old, and she has never stopped swimming ever since. After high school, she decided to go to Stanford University, one of the most respected colleges in the US. She took a gap year to concentrate on training for the Rio Olympics and started her college life following the games. She is now studying, while continuing to compete nationally and internationally. With such a promising start in her swimming career, the future is certainly hers for the taking.

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Simplified reading and comprehension Unit 7

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he	omprehension 2 Your sist of the state of the second state of the second supposed the best answer and black of the second	from th	e mini-biography.							
1	What does 'the most-decor	n in line 2?								
2	Find another phrase in para	agraph 1	that refers to Kat	ie Ledecky.						
3	How old was Ledecky when she won her first Olympic medal?									
	A 13 years old	С	17 years old		Α	в С	D			
	B 15 years old	D	19 years old		0	0 0	0			
4	In which event did Ledecky	win her	first Olympic med	dal?						
	A 200-metre freestyle	С	800-metre frees	tyle	Α	в С	D			
	B 400-metre freestyle	D	1500-metre free	style	0	0 0	0			
5	According to paragraph 2, are the following statements <b>True (T)</b> , <b>False (F)</b> or <b>Not Given (NG)</b> ?									
	Sta	atement	s	Т	I	F	NG			
	i) Ledecky broke many of	her own	world records.	0		)	0			
	ii) Ledecky participated in Championships.				(	)	0			
	iii) Ledecky holds 11 world	records		0	(	)	0			
6 The writer described Ledecky's routine to show that										
	A she is better than other s	wimmer	'S							
	B she is dedicated to swimming									
	C her coach is very strict				Α	в С	D			
	D she works as hard as oth	ner swim	imers		0	0 0	0			
7	What do you think the write (line 26)?	r means	by 'the future is o	certainly hers fo	r the t	aking	l'			

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۱a	me:_		( ) (	Class:	:		Date:	
Order the events in Ledecky's life. Number the events (2–5). The first event has been done for you.					(2–5). The first event has			
		e Ledecky's						
		-	<del></del> 1500-metre freestyle	worl	d re	cord.		
			rn swimming.				1	
Cha wina a malal madal at the Landan Olympia								
	She	is named a	Washington DC Spo	rts H	all c	f Fame ir	nductee.	
9 Match the subheadings (A–D) with one of the paragraphs on the left. Write the correct letter on the line next to the paragraph number.								
		Par	agraph no.	Sub			Subheadings	
•	i) P	aragraph 1			Α	The mak	king of a great swimmer	
•	ii) P	aragraph 2			В	B The beginning and the future		
•	iii) P	aragraph 3		C Breaking world			g world records	
•	iv) Paragraph 4			D Who is Katie Ledecky?				
Ĺ								
10	Com	plete the fol	llowing profile using i	inforr	natio	on from th	ne mini-biography.	
	Naı	me:	Katie Ledecky	Birt	rthday: (i)		(i)	
	Occupation: (ii)		(ii)	golds Wo		ion:	(iii)	
			(iv) golds				(vi)	
	_	dals:	(v) silver	rec	cord(s):		(vii)	
	(*)						(viii)	
							. ,	
11 Find words from Text 2 with the following meanings.								
i) an achievement that needs skill, strength or courage								
(paragraph 1)								
	player (paragraph 2)						ts	
							re	