1 of 4

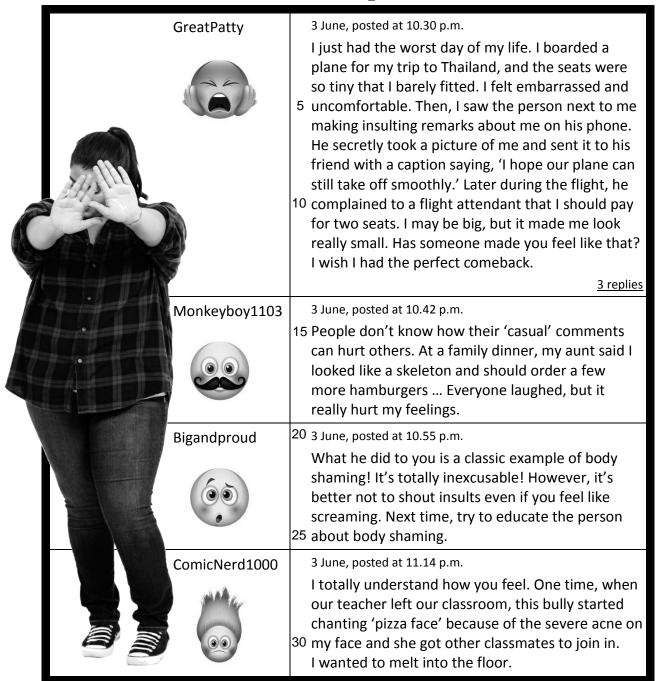
Unit 8

Name:	() Class:	Date:

You have found an online discussion forum about body shaming. Read the posts on the online discussion forum.

Text 2 Online discussion forum

Shamed on a plane



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Unit 8

Name:	() Class:	Date:
i idii io.	1	, 01033.	Daio.

GreatPatty turns out to be your best friend Janice. She has forwarded an email that she received from a counsellor. Read the email.

Text 3 Email giving advice

From: lucy@stopthehate.com

To: greatpatty@socialmail.com

Subject: Re: Need your advice!

Dear GreatPatty,

Thank you for writing so honestly and thoughtfully about your problem. Body shaming is very common nowadays. What happened to you is dreadful. However, I noticed that you mentioned you felt embarrassed before that person did anything.

5 Learn to accept and love your body. Humans come in all shapes and sizes. You shouldn't be apologetic about your body. I'm a big person too, but I'm perfectly happy. Last year, I wore a pair of skinny jeans for the first time in my life. It looked great because I felt great! As long as you're healthy, you don't have to care about what others say.

There will always be mean-spirited people around, but don't let the negativity get to you.

10 When you have a negative thought about your body, you should try to divert your attention by thinking of something that you like about yourself. Training your mind to think positively can make a huge difference.

I hope my advice could be helpful. It won't stop 15 people from being hurtful, but at least you can brush off inane remarks more easily.

Good luck,

Lucy



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Unit 8

Van	ne	:	() (Class:		Date:			-		
Ans	we	orehension 2 & 3 Your er her questions using informulations, choosing informulations, choosing and choosing the street are seen as the contract of the contra	natio	on	from the	online dis	scussion f	orum	and	the	e ei	mail
1	W	hat does GreatPatty mean vall' (lines 11 & 12)?	whe	n s	he says '	I may be	big, but it	made	e m	e lo	ok '	very
	Α	hat does 'comeback' (line 1	3) m	nea	n in this	context?						
	С	a return to fame a return to a familiar place an apology								ВО	C O	
		cording to GreatPatty's posot Given (NG)?	st, aı	re t	he follow	ing state	ments Tr ı	ıe (T)	, Fa	lse	(F)	or
		State	eme	nts				T		F		NG
	i)	There were not enough se	ats	on	the plan	Э.		0		0		0
	ii)	The flight attendant did no comments about GreatPat		pro	ve of the	man's		0		0		0
	iii)	GreatPatty felt very upset	afte	r h	er flight.			0		0		0
		hy did Monkeyboy1103's au		•		d like a s	keleton?					
		He was wearing a Hallowe		os	ume.							
		He was eating a hamburge	r.						٨	D	_	_
		He was too skinny. He had hurt feelings.								В О		0
5	Fir	nd a word in Bigandproud's	pos	t th	at mean	s 'too bad	d to accep	t or fo	orgiv	⁄e'.		
6	W	hat is the main idea of Bigar	ndpı	rou	d's post?	,						

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Unit 8

Nam	e: _	() Class: Date:
		did ComicNerd1000 feel when he heard his classmates chant 'pizza face'? vide evidence from the text to support your answer.
_		
		iving advice
		at two pieces of advice did Lucy give to GreatPatty?
-		
"	'' _	
9 V	Nha	at does 'It' (line 14) refer to?
_		· · ·
		ording to Lucy, what should people do if negative thoughts about their bodies
C		e up?
_		
_		
11 (Con	rplete the following summary of Lucy's advice using information from the email.
		e ONE word for each blank. Answers must be grammatically correct.
		ryone is unique. There is no need to feel (i) about your
		Don't take others' (iii) comments ut your weight or body size too seriously. Try to balance those
	iv)	thoughts with (v) ones.
12 (Con	rplete the following sentences with words from Text 2 and Text 3.
i	i)	Teenagers may become depressed if they keep on receiving comments online. (lines 1–13, Text 2)
i	ii)	You may feel muscle pain after high intensity training. (lines 26–31, Text 2)
i	iii)	This new suitcase is designed for business travellers who want to travel light. (lines 1–4, Text 3)
i	iv)	I would not recommend this restaurant because the food was horrible and the service was (lines 1–4, Text 3)
١	v)	The speaker received a lot of complaints because of his jokes about ethnic minorities. (lines 9–13, Text 3)